



# ACTIVITY SIGN UP SHEET INFORMATION - WHY IT IS NEEDED

Bill Rogers  
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## TIDEWATER APPALACHIAN TRAIL CLUB (TATC) - Activity Sign Up

Destination			
Activity Difficulty	Easy	Moderate	Strenuous
Activity Description			
Date/s			
Meeting Place, Time			
Bring			
Activity Leader Name			Phone

### TIDEWATER APPALACHIAN TRAIL CLUB (TATC) WAIVER AND RELEASE OF ALL CLAIMS

I know that outdoor activities conducted by the Tidewater Appalachian Trail Club, a Virginia nonprofit corporation, are potentially hazardous. I will not participate unless I am medically able and properly trained and properly equipped. I agree to abide by any decision of an Activity Leader relative to my ability to safely complete the activity. I assume all risks associated with participating in any activity, including but not limited to: falls, contact with other participants, effects of the weather (including heat and humidity), traffic and road conditions, trail and river conditions, and all other risks, known or unknown. Having read this waiver and knowing these facts and in consideration of participating in an activity, I for myself and anyone entitled to act on my behalf, waive and release the Tidewater Appalachian Trail Club, its officers and directors, volunteers, Activity Leaders, and coparticipants in any activity, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in any activity. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of an activity for any legitimate purpose.

*One person per line - legible & legal signature please.  
For information concerning bringing a minor, see page 2.*

If you find you cannot participate, please notify the Activity Leader so another can take your place.

I have read and understand the "TATC WAIVER AND RELEASE OF ALL CLAIMS" printed above.	Home Phone	Work Phone	Print Emergency Point of Contact Name and Telephone Number	I need a ride	Age of Minor
1. Leader					
2.					
3.					
4.					

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## TIDEWATER APPALACHIAN TRAIL CLUB (TATC) - Activity Sign Up

I have read and understand the "TATC WAIVER AND RELEASE OF ALL CLAIMS" printed on page 1.	Home Phone	Work Phone	Print Emergency Point of Contact Name and Telephone Number	I need a ride	Age of Minor
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
19.					
20.					

Any parent or adult sponsor may bring a minor on an activity, with Activity Leader's permission.

### Participation by Minors

An adult sponsor is a non-parent adult who brings a minor on a TATC activity. A pamphlet titled "TATC Guidelines for Activity Participation by Minors" is available from your Activity Leader, or the Vice President / Hike Master.



Activity Leader	Review Hike Leader Guide, and Activity Leader Pocket Guide. Before leaving car pool area, ensure each participant has individually provided a legal and legible signature, and an emergency contact name and telephone number.
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Copies of the ACTIVITY SIGN UP sheet are available from the Vice President/Hike Master and from the TATC web site [www.tidewateratc.org](http://www.tidewateratc.org).

An ACTIVITY SIGN UP performs many functions:

- It allows you to sign up for a particular activity.
- It shows the Activity Leader how many want to participate **and/or** to limit participation by limiting the number of slots available.
- The data at the top of the sheet includes meeting time and place, and other nice or need-to-know information.
- By providing names and telephone numbers, the ACTIVITY SIGN UP allows the Activity Leader to inform participants when there is a cancellation or change of plans.
- It provides emergency contact information to the Activity Leader.
- It may provide a "no-later-than" or deadline date, after which sign-ups will not be accepted.
- It may provide a "no-later-than" date for submitting any

required deposits or fees.

Sign-ups are normally accomplished by telephoning the Activity Leader, or by filling in ACTIVITY SIGN UPs at the monthly TATC

meeting. Remember, some activities may be limited. Day hikes in National Forests and National Parks should be limited to not more than 20 persons. Overnight hikes on the Appalachian Trail, and in National Parks and National Forests, should be limited to 10 persons. Wilderness day and overnight trips are strictly limited by law.

Some activities require permits or reservations. The ACTIVITY SIGN UP tells the Activity Leader how many folks that permit or reservation must include. Permits, reservations, and the mail, all take time and may require a sign-up deadline. Be sure to sign up **early**. Popular activities fill rapidly.

For some TATC seminars and training activities a great number of copies must be made for each participant. Because data may be revised between seminars, extra copies are not made and then

held over for the next seminar. Only the number of copies needed for the number of participants shown on the ACTIVITY SIGN UP are made. Copying, collating, hole punching, and binding can take considerable time. If you try to sign up immediately before a seminar or training session, you may be denied participation, or you may not receive the handouts. Sign up early !!!

**If you find you cannot participate in an activity you signed up for, please let the Activity Leader know as soon as possible so that someone else can go in your place. Let's all be courteous!**

Please do not wait until the last moment to add your name to the list. You may be too late. The Activity Leader is a volunteer. By their very nature, volunteers are busy folks who are very often active in more than just one organization. Remember, the Activity Leader also needs to shop for groceries, pack camping and other gear for the trip, and notify you of any changes. Sign up **early** to allow the leader:

- To make plans.
- To coordinate car pooling.
- To communicate with you the participant.
- To arrange for and receive any necessary permits.

- To collect and remit fees or deposits, if required.
- To make the number of copies required for the seminar or training session.

The ACTIVITY SIGN UP sheet was revised on 2006.12.27. Get the new edition from the TATC Vice President / Hike Master, or download a copy from the TATC web site [www.tidewateratc.org](http://www.tidewateratc.org).

P.S. When you sign on for a trip, please make sure your name and telephone numbers can be read !! You must sign a legal signature, but please make it legible. The ACTIVITY SIGN UP asks you to please provide a "legible and legal" signature. Please do so. If you signed up by telephone, make sure to provide your legal signature when you meet for the trip.

**Remember, by signing your legal signature, you are acknowledging that you have "read and understand" the "Tidewater Appalachian Trail Club (TATC) Waiver and Release of all Claims" printed on the ACTIVITY SIGN UP.**

P.S. The ACTIVITY SIGN UP sheet, on page 2, mentions the TATC Education Handout titled, 'GUIDELINES FOR ACTIVITY PARTICIPATION BY MINORS.' Please cross reference to that Handout.

#### Sample ACTIVITY SIGN UP:

<b>Destination</b>	Dolly Sods, Monongahela National Forest, near Canaan Valley WV					
<b>Activity Difficulty</b>	1/4	Easy	1/2	Moderate	1/4	Strenuous
<b>Activity Description</b>	20-mile, 3-day, 2-night, easy to strenuous backpacking trip					
<b>Date/s</b>	Fri-Sat-Sun 02-03-04 October 2008					
<b>Meeting Place, Time</b>	4:00 p.m. Friday 02 Oct					
<b>Bring</b>	Visitor Center parking lot on Rt 143 near Newport News City Park. For packing suggestions and trip details see the itinerary e-mailed to each participant.					
<b>Activity Leader Name</b>	Bill Rogers	<b>Phone</b>	757	484	6001	

Entries may be typed or handwritten.