



In addition to our primary mission of maintaining a section of the Appalachian Trail, TATC also assists in the maintenance of several trails in the local Tidewater Area. In 2008, seventy-five TATC volunteers contributed 1,094-hours working on local Tidewater area trails. TATC volunteers participate in, but are not limited to, the following:

- Quarterly trail maintenance on the 3-mile long Osmanthus Trail at First Landing State Park in Virginia Beach, Virginia
- Trail maintenance and other volunteer work at Sandy Bottom Nature Park in Hampton, Virginia.
- Trail maintenance and other volunteer work in Hoffler Creek Wildlife Preserve, Portsmouth, Virginia.
- Work days in Back Bay National Wildlife Refuge, Sandbridge, Virginia Beach, Virginia.
- Trail maintenance at Merchants Mill Pond State Park, in Gatesville, North Carolina.
- Trail maintenance in York River State Park, near Croaker, Virginia
- Trail maintenance in New Quarter Park in York County.
- Occasional beach clean-up on Fisherman's Island National Wildlife Refuge located along the Chesapeake Bay Bridge Tunnel.
- Other related work where our volunteers show interest.

Trail maintenance may include weed cutting, brush and tree trimming, removal of small blown down trees, painting of

trailblazes, trail building, and clearing ice/snow/hurricane storm damage. Other special projects may be performed such as building/repairing: benches; water bars; foot bridges; and other structures.

Tools are provided. But if you have your own favorites, by all means bring them. And please remember to bring work gloves.

Remember, if you participate in local trail work; bring your water, first aid kit, lunch, rain gear, insect repellent, sun tan lotion, camera, and everything else you need for your health, enjoyment, and safety. Refer to the TATC Education Handouts titled "DAY PACK - SUGGESTED CONTENTS", "FIRST AID - AN INTRODUCTION," "FIRST AID KIT," and "WATER - THE BASIC ESSENTIALS."

Please remember, as in all of TATC's trail maintenance events; "SAFETY COMES FIRST!"

Safety is no accident.

To sign up for a TATC activity, contact the Activity Leader listed in the bi-monthly TATC newsletter, "The Appalachian Hiker", or on the TATC web site, www.tidewateratc.com (click on SCHEDULE), or sign the ACTIVITY SIGN UP sheet at a TATC meeting.

ACTIVITY SIGN UP sheets, used for all TATC activities, are available from the Vice President/Hikemaster, and on the club web site, www.tidewateratc.com. Refer to the TATC Education Handout titled: "ACTIVITY SIGN UP SHEET INFORMATION - WHY IT IS NEEDED."

After signing on, if you find you cannot make a specific trip, please be considerate and contact the Activity Leader and cancel so that another person may take your place.